



Tips for Learning and Teaching

- [Rett/Rhett Syndrome](#) [1]



- It is important to work closely with the speech and language therapist and parent/carer in selecting and reviewing the most appropriate communication system for the student and in deciding whether physical movements, picture communication systems or electronic devices are most appropriate.
- Hand or elbow splints can be used to reduce repetitive hand movements and increase the student's purposeful use of the dominant hand. This would have to be discussed with the student's parent/carer and occupational therapist.
- It is important that the student is involved socially with his/her peers. Appropriate social skills and strategies may have to be explicitly taught.



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