

## Strategies for Learning and Teaching



- Provide for opportunities within school to develop the self-esteem and sense of belonging for the student.
- Explicitly teach relaxation exercises.
- Organisational skills may need to be taught and the use of reminder signs and notes, and the use of colour-coded books and copies, may be of use in this regard.
- For some girls with Turner syndrome difficulties present when there is an unexpected change in routine. If the student is likely to encounter such difficulties, give her advance warning and explicit descriptions of what will happen. Having a 'Buddy system' may work well here.
- Do not overprotect the student. Apply the same rules, expectations and consequences, within reason.
- Bear in mind the short stature of the student and create modifications to the classroom, if necessary, to accommodate her needs.

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