Metacognition

'The Metacognitive Teacher and Learner: An Introduction to Metacognition in the Classroom'

Click here .... for the Metacognitive Teacher and Learner Webcast

Click here ... for an accessible text version of the content (.txt, 50kb)

This webcast produced by SESS explores what we mean by metacognition and why it is important in teaching and learning. It examines some metacognitive strategies and discusses how metacognition can benefit all students, including those with with additional learning needs. Finally, it draws on the experience of some schools to discuss how we might go about implementing metacognition in our schools.

From viewing the webcast it is intended that teachers will:

- become familiar with the meaning of the term ‘Metacognition’
- understand the significance of Metacognition
- learn how metacognitive approaches and strategies may be used in the classroom
- appreciate the importance of Metacognition in your role as a metacognitive teacher
- consider how to introduce Metacognition into your own schools

The Webcast is 65 minutes long and has the following main parts which can be viewed sections:

1. Introduction
2. What is Metacognition?
3. Why is Metacognition important?
4. Metacognitive strategies
5. General strategies
6. Specific strategies
7. Metacognition and Additional Learning Needs
8. Introducing Metacognition into schools

'Metacognition for the classroom and beyond: Differentiation and support for learners'

The SESS produced this resource to assist teachers and schools in implementing metacognitive strategies in the classroom. The resource provides an overview of metacognition, along with various strategies which teachers can use with students to enhance their learning.
It has three main sections:

- A brief introduction to metacognition
- Metacognition in the classroom and beyond
- Applying metacognitive strategies in the school context

Click here for this Metacognition Resource (PDF, 1.3 Mb).

‘Metacognition for the classroom and beyond: Differentiation and support for learners’ was produced by the SESS as part of the Equality of Challenge Initiative related to the teaching of exceptionally able students.

---

**The Equality of Challenge Initiative**

The ‘Equality of Challenge’ initiative was a small-scale project run by SESS which aimed to pilot models of educational provision for exceptionally able students in post-primary schools. Metacognitive strategies were used by some schools in the project and teachers involved provide some of the insights gained in the webcast above. The resource above was also developed as part of the initiative.

Click here for more on the Equality of Challenge Initiative

---

**Source URL:** https://www.sess.ie/node/2473