



---

# An Introduction to Inclusive Physical Education, Primary

Registration: 8.45 AM

Seminar begins : 9.15 AM

Seminar concludes : 3.15 PM

## Course Information

NCSE in collaboration with the CARA Centre, present this one day Inclusive Physical Education seminar, aimed at primary school teachers in a mainstream setting. A balance of theoretical approaches and practical activities will enhance teachers' knowledge of inclusive PE.

### Expected Outcomes

- Provide an understanding of inclusive PE and illustrate best practice for the classroom teacher addressing varying needs of pupils
- Identify and apply the 'TREE' model and the Inclusion Spectrum as inclusive strategies
- Identify and demonstrate the centrality of fundamental movement skills (FMS) for the physical development of all pupils with particular emphasis on pupils with SEN
- Discuss and demonstrate the inclusion of all abilities through practical activities based on five of the six PE strands (Aquatics omitted)

### Course Content

- Identify and address the varying needs of pupils with a focus on increasing engagement within the PE class
- Understand the Inclusion Continuum and apply the 'TREE' model to adapt PE activities for the inclusion of all pupils
- Demonstrate how FMS are prevalent in all strands of the PE curriculum and highlight the importance of the development of these skills for pupils with SEN
- Participate in mini-practical's demonstrating the various strands in PE, and discuss and demonstrate how pupils with different needs can be included

### Information for Applicants

This course is open to:

- Teachers working in classes with pupils with SEN
- Full-time Special Education Teachers who are currently working with student(s) with special education needs
- Participants will require permission from the Board of Management to attend. Typically, substitution for this seminar will only be allowed to classroom teachers with primary responsibility for pupils with a special educational need and if it is deemed absolutely essential by the Principal

- Typically substitution will only be allocated to non-substitute teachers
- Payment is not available to teachers in a substitute capacity
- Appropriate clothing and footwear are required for the practical sessions

Refreshments and lunch will be provided

---

**Source URL:** <https://www.sess.ie/node/6728>